

# PBIS Ideas-For Home

## Heading into Winter Break Tips!

### **Winter Break!**

**Take A Break**-but if you are looking for a way to still have a bit for structure here are some ideas:

#### **Make Something MONDAY:**

- Make a craft or do a project together
  - Art Hub on YouTube is a great!

#### **Time to read TUESDAY:**

- Find some cozy spots to read in your house
    - Read to a sibling, a stuffed animal, a parent.
- Read 2 different genres!

#### **What's Cooking WEDNESDAY:**

- Help your family make a meal or help bake something fun!

#### **Be Thoughtful THURSDAY:**

- Write a letter to a grandparent, a thank you to your teacher or a nurse or doctor!

#### **Family Fun FRIDAY:**

- Take a walk, watch a movie, play a game!

### **Tips for managing screen time during a break week:**

Here is checklist that students can check off BEFORE electronics can be used"

#### **Have you:**

- \_\_\_ **Made your bed?**
- \_\_\_ **Brushed teeth?**
- \_\_\_ **Brushed hair?**
- \_\_\_ **Gotten dressed?**
- \_\_\_ **Had Breakfast?**
- \_\_\_ **20 minutes of READING**
- \_\_\_ **20 minutes of writing/art/coloring**
- \_\_\_ **20 min of outside time**
- \_\_\_ **Cleaned up room or done chores**

**YEAH!!! NOW Free Time ELECTRONICS!** 😊

### **Rewards at home:**

*Most of the students in PSD have some sort of reward system at school here are some ideas to bring that home:*

#### **1. Homeschool Dollars-**

- a. Make some fake money out of paper. Kids who are doing the right things earn them. Put their name on them and put them in a jar. At the end of the day or week have a drawing. WINNER gets a reward. 😊